



Medical Expenses Worksheet

Taxpayer name _____ Tax year _____

Medical expenses for the taxpayer, spouse, and dependents in excess of the lesser of 3% of net income of the claimant may be claimed. Generally, you must keep your records for six years from the end of the taxation year to which they relate, in the event of a CRA review.

Medical Expenses

Prescriptions (Obtain annual printouts from your pharmacies or drugstores)	_____
Dental	_____
Optical	_____
Chiropractor	_____
Private Health Care Premiums	_____
Other	_____
Other	_____
Other	_____
Other	_____
Travel, if applicable (Refer below)	_____
Total	=====

Generally, you must travel at least 40 kilometres (one way) from your home to get medical services to claim as a medical expense. As well, you must travel at least 80 kilometres (one way) to claim meal and accommodation as a medical expense.

Travel

Travel (Km *.56/km (MB 2026, simplified method)) _____

Meals (\$23/meal to max of \$69/day, simplified method) _____

Accommodations (Total from receipts) _____

Total Travel _____

